



Hellen Chen's Love Seminar

*The Missing Love Manual That Makes
Your Relationship Last*



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Book Excerpt:

The Real Meaning of Marriage

Don't ask what you can get out from your marriage. It is not Christmas everyday where you ask another person, "What present will you give me?"

This is not life. If every day is Christmas, you will be bored as well.

If you hold some "conditions" in your mind while you love another person, you have lost the intrinsic quality of love.

Only when you can love unconditionally, you can feel the real value of love.

Everyone would like another person to love them unconditionally. But very few people think about loving another person unconditionally. This is indeed not an easy subject and one must also practice to achieve it. How will you practice? When you get married, you will be "forced" to practice.

It is just like when you have a child, you will practice how to love. You don't have a choice as to the child's appearance, character, etc. But you have to love, to give, regardless of whether you like it or not, you have to do it.

So if you can love your child unconditionally, why won't you treat your other half – loving him or her unconditionally – as well?

Unconditional love – this is marriage and this is your practice. This is what makes marriage precious and sacred and this is why I am passionate about this subject.

Because of marriage, a person can rise to greater heights, and become more precious and complete.

Thus, don't ask for what you "get" in a marriage but you can "give."

You give all you can, and yet challenge yourself to give even more, and more.

As you go through the entire process, you will grow, mature and you will be touched by yourself.

When you wish to love another person, you have to be touched by yourself first.

Marriage is the most reliable home for love, and is also the most beautiful stage for love.

End of Excerpt

